



HEARTWISE

The goal of HeartWise is managing patients' unwanted symptoms while focusing on an increased quality of life and reducing hospital admissions. We recognize that people who have advanced heart disease need specialized care that is compassionate, personalized, and high-quality. HeartWise also provides support and education to family members.



HEARTWISE

Program of United Hospice of Rockland



Honoring Life, Giving Care, Bringing Comfort

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HEARTWISE



Put your heart in our hands.

SPECIALIZED CARE FOR INDIVIDUALS FACING  
ADVANCED HEART DISEASE

## When to Call

### When is the right time to call?

- Are heart medications no longer effective in managing your symptoms?
- Do you have significant shortness of breath that results in a decreased ability to do the things you want and need to do?
- Have you had repeated hospitalizations?
- Do you have pain, anxiety, swelling, fatigue, or insomnia?

If any of these are true for you, call us now—we are ready to help. We will contact your doctor and meet with you to determine the right time for services to begin. The sooner we become involved, the sooner we can help.

### HeartWise can help individuals who generally have:

- Class IV Heart Failure, causing severe limitations.
- Shortness of breath with minimal exertion.
- A need for increased supplemental oxygen.
- Poor response to diuretics and vasodilators.
- CHF: fluid overload despite medications.
- CAD: history of angina, arrhythmia or MI.
- Chest pain present even at rest.

### HeartWise will build an individualized plan of care by:

- Developing a personalized plan of care to help you live each day to the fullest.
- Aggressively working to reduce distressing symptoms.
- Reduce/eliminate unnecessary hospital and emergency room visits.
- Providing you and those closest to you with care, support, education and peace of mind.



## Our Services

### Where can I receive services?

We will provide specialized and highly-skilled care in patients' homes. We are also able to assist in hospitals, nursing homes, assisted living facilities, group homes, and the Joe Raso Hospice Residence. We will help ease the transition from one setting to another.

### What services are available under HeartWise care?

- Nurses, including On-Call Nurse available 24 hours a day.
- Home Health Aides
- Social Workers
- Physician Care
- Spiritual Support
- Nutritionist
- Therapies (massage, music, and pet)
- Volunteers
- Medications
- Medical Equipment and Supplies



## Contact Us

### How can I contact HeartWise?

Patients, friends, family members, physicians, or hospital staff can call us seven days a week at any hour. We will answer all your questions and even visit to provide information and make the necessary arrangements for your specialized care.

To learn more, please contact United Hospice of Rockland at:

[📞 845.634.4974](tel:845.634.4974)

[✉ info@hospiceofrockland.org](mailto:info@hospiceofrockland.org)

Or visit us at:

[🌐 hospiceofrockland.org/heartwise](https://www.hospiceofrockland.org/heartwise)

## How You Can Help

There are many ways that you can help HeartWise to continue providing valuable services to other families.

Go to [hospiceofrockland.org/donate](https://www.hospiceofrockland.org/donate) to learn more.